THREE WEEKS MENU SPRING/SUMMER 2022





	xx/xx, xx/xx, xx/xx, xx/xx, xx xx/xx, xx/xx, xx/xx, xx/xx, xx				Char So much more
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Allegra's BBQ Chicken Burger Corn and Pineapple Relish BBQ chicken breast burger with zingy corn relish	Roast Chicken with Roast Potatoes and Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Cheese and Tomato Pizza 💓 👽 Cheesy tomato topped pizza slice	Bacon All Day Breakfast Served with potato wedges	Golden Fish Fingers and Chips Crispy fish fingers and scrummy chips
Alternative Dish	Allegra's Broccoli and Cauliflower Cheese Pie Cheesy broccoli and cauliflower with a shortcrust topping	Quorn Roast With fluffy roast potatoes and tasty gravy	Chinese Veggie Noodles 🛛 😽	Quorn Hot Dog 💿 Served with potato wedges	Quorn Dippers and Chips Crispy Quorn nuggets
Salads	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot
Jacket Potato	Jacket Potato 😻 💿 with a choice of fillings	Jacket Potato 👘 २ ♥ ♥ with salmon mayonnaise and a choice of fillings	Jacket Potato 🛛 Vacket Potato	Jacket Potato 🛛 💖 with a choice of fillings	Jacket Potato 🛛 🧐 🔍 with a choice of fillings
Pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta v ii A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta V 	Tomato Pasta 🔍 🙀 A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta W to mate A delicious fresh, homemade tomato sauce with penne pasta
Vegetables	Peas and Broccoli	Carrots and Cabbage	Green Beans and Sweetcorn	Broccoli and Sweetcorn	Baked Beans and Peas
Desserts	Orange Drizzle Cake	Shortbread Biscuit with Fruit Slices 🍎	Raspberry Ripple Ice Cream	Pineapple Upside down cake	Chocolate and Raspberry Swirl Cake

	VEEK 2 VIENU	W/C: xx/xx, xx/xx, xx/xx, xx/xx, xx/xx, xx/xx, xx/xx, xx/xx, xx/xx, xx/xx, xx/xx, xx/xx, xx/xx, xx/xx, xx/xx, xx/xx, xx/xx, xx/xx,		ø		© Chartwells So much more than fantastic Food	
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
22	Hot Main Dish	Pork Sausage served with fluffy mash potato	Roast Pork with Roast Potatoes and Gravy Succulent roast Pork with fluffy roasties and tasty gravy	Mean Bean Chilli 🕐 👾 🎯	Beef Lasagne Served with garlic and herb wedge	Golden Fish Fingers and Chips Crispy fish fingers and scrummy chips	
ER 20	Alternative Dish	Incredible Burger Served with potato wedges	Quorn Roast V Served with fluffy roast potatoes and tasty gravy	Cheese and Tomato Pizza IV V Cheesy tomato topped pizza slice	Veggie Balls v ⅔ ﷺ Served with wholemeal Pasta	Quorn Dippers with Chips 🕥	
MM	Salads	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	
NS/	Jacket Potato	Jacket Potato 🤎 ⊙ With a choice of fillings	Jacket Potato⊘ With a choice of fillings	Jacket Potato 👩 With a choice of fillings	Jacket Potato ॐ ♥ With a choice of fillings	Jacket Potato 🐳 🍳 With a choice of fillings	
PRING	Pasta	Tomato Pasta V A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta V A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta () A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta v # A delicious fresh, homemade tomato sauce with penne pasta	
S	Vegetables	Peas and Broccoli	Carrots and Cabbage	Carrot and Cucumber sticks	Green Beans and Sweetcorn	Baked Beans and Peas	
	Desserts	Orange Shortbread	Raspberry Yogurt cake	Flapjack with Fruit Slices 👋	Fruity Chocolate Brownie	Vanilla Ice Cream	
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PACKED LUNCH-AVAILABLE DAILY

HAM OR CHEESE SANDWICH OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YO YO OR DESSERT OF THE DAY AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

💟 Vegetarian 🖈 Oily fish 😻 Wholegrain 🎽 Fruity! 👻 Nutritionist's Choice

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Allegra's Nice Rice 🏁 With Chicken and Scrambles egg	Roast Chicken with Roast Potatoes and Gravy Succulent roast Chicken with fluffy roasties and tasty gravy	Veggie Pasta Bolognaise 오 👾	Beef Burrito	Southern Fried Chicken Tasters Lightly seasoned crispy chicken strips and scrummy chips
Alternative Dish	Macaroni Cheese Cheesy Macaroni Pasta	Quorn Roast Served with fluffy roast potatoes and tasty gravy	Cheese and Tomato Pizza 💓	Veggie Lasagne served with a bread wedge Delicious sheets of pasta layered with veggies and tomato sauce	Quorn Dippers Served with chips
Salads	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot	A Selection of Fresh Salads Including lettuce, cucumber, tomato, grated carrot
Jacket Potato	Jacket Potato With a choice of fillings	Jacket Potato 🕪 🛇 With a choice of fillings	Jacket Potato 💿 With a choice of fillings	Jacket Potato 😻 🛛 With a choice of fillings	Jacket Potato २००० With a choice of fillings
Pasta	Tomato Pasta V view A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta o o 	Tomato Pasta ⊙ 🐲 A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta o v A delicious fresh, homemade tomato sauce with penne pasta	Tomato Pasta ⊙ ﷺ A delicious fresh, homemade tomato sauce with penne pasta
Vegetables	Sweetcorn and Broccoli	Carrots and Cabbage	Peas and Carrots	Green Beans and Sweetcorn	Baked Beans and Peas
Desserts	Apple and Carrot Yoghurt Muffin	Strawberry Ice Cream	Orange Shortbread	Chocolate Sponge Cake	Cheese and Biscuits

PACKED LUNCH-AVAILABLE DAILY

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Vegetarian 🖄 Oily fish 😻 Wholegrain 🍎 Fruity! 🤎 Nutritionist's Choice